Runs every Thursday at 6pm



Newsletter **2468 30 May 2019**

GM: Justbeer 016 418 4141

VGM: Speedhound 016 458 4721

On Sec: Bibi Tulips 012 408 1540

Hash Cash: Rupiah 012 410 6231

Ass. H.Cash: No Choice 011 1435 5745



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GM Note's

Run: 2467

Date: 23 May 2019

Bunny: Miss Bollywood

Runsite: Old Happy Family Restaurant, Air Itam

There is always something about a Miss Bollywood run that is surprising and this was no exception. The hashers started to turn up around 5.30pm but because the run was fairly short no-one decided to go in early, which is a surprise in its-self!

Akz Hole and I arrived around about the same time and were surprised to find a whole group of people in 'uniform' with a banner saying "No more plastic and rubbish in the jungle". This group of people had been organised by Miss Bollywood whereby people pick up visible rubbish as they walk a trail, I believe it is called plogging. Plastic bags and rubber gloves were handed out even to some

Hashers also.

The whole concept of cleaning up is well meaning but unfortunately there was no local resident participation nor education, so that those who threw it there in the first place did not learn not to do so and could be encouraged to throw more if other people come and clean it up. Nevertheless the group were enthusiastic and having fun as well as doing a good deed, so who am I to complain.

The run went up the hill and passed the Bat Temple and into the PBA area. The waterfall was lovely to see and with the recent rains was flowing nicely and this was the end of the walkers trail when they had to turn around and make their way back. The runners trail carried on along the cement track and went further up the hill to the top ridge heading into some bush before hitting the track back down the hill to come out by the side of the restaurant.

The usual FRBs were out in under the hour whilst the walkers tarried a bit by the water-fall and took pictures especially the 'Plogging' group. It was here that another surprise was to be had as a wizened bare chested old man gave Snatch & Grab and Beauty Queen a big hug which put a huge smile on his face.

Miss Bollywood had organised a 'sit-down' dinner at the restaurant (now under a new name and Management) which was well received and quickly devoured. The beers flowed and as the chatter grew louder we had the circle.

Next Week we are at Bayee Pass, for Mem Sahib's Run
Please come and support

Hareline 2019

Run	Date	Bunny/Hare	Runsite
2469	6-6-19	Suddakar	Bukit Jambul
2470	13-6-19	Committee Run	Bee Gallery
2471	20-6-19	Beauty Queen	TBA
2472	27-6-19	Just Beer	TBA
2473	4-6-19	Silent Man	TBA

2474	11-6-19	Pimp	TBA
2475	18-6-19	Viking	TBA
2476	25-6-19	The General	TBA
2477	1-8-19	Rupiah	TBA
2478	8-8-19	Iceman	TBA
2479	15-8-19	Snow White	TBA
2480	22-8-19	Molly	TBA
2481	29-8-19	Botak Chin	TBA
2482	5-9-19	Mark & Spencer	TBA
2483	12-9-19	Committee Run	TBA
2484	19-9-19	Toddy Tan	TBA
2485	26-9-19	Tiny	TBA

Please inform the On Sec a.s.a.p. where your run will be

Please respect the environment which we enjoy each week and ensure that no rubbish is left at the site, including cigarette butts, scraps and general litter. Thank you.

Circle

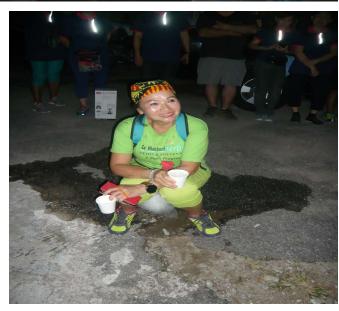
- 1. A photo call for the "ploggers' was first on the agenda. They were a very enthusiastic and happy bunch.
- 2. The GM then put Snatch & Grab and Beauty Queen on the ice. The day before when setting the run the GM came across the same old man but she didn't get a hug from him but today both BQ and S&G both got one. The GM wanted to know what they had that she didn't?
- 3. A CFTF by the Bunny put all hashers on ice that didn't take a plastic bag to pick up rubbish and thus join in her event. It was pointed out however that runners and walkers on the Hash come for the exercise and not for the picking up of someone else's rubbish whilst on the run. However many participants of the hash have and do pick up rubbish and have done so for years. The GM herself was seriously ill a few years ago after doing such a thing.











- 4. A prize giving ceremony then took place as the first two with the heaviest bags of rubbish were awarded with sponsored gifts from their group.
- 5. Jackpot was next on ice. He brings everything to the hash but this week had forgotten a rubber band for his hair and had to borrow one from the GM.
- 6. Bunny on ice. Miss Bollywood was thanked for hosting the evening with good food and lively atmosphere.

Pictures of the evening









3, Pussycat

12, Viking



14, Biking Sheila





Funnies

One day, fridges will take their revenge. They will burst into your bedroom in the middle of the night, switch the light on, stare at you for a few minutes and then leave.

Why was the teacher cross-eyed? Her pupils got out of control.

Why did the bee have sticky hair? Because he was using a honey-comb.

How to make an egg giggle? Tell it a yolk.

What to call a bear who's lost all its teeth? A gummy bear!

What bird is the strongest lifter? A crane.

What did mama broom say to baby broom? Time to go to sweep, baby.

What gives us milk and has one horn? A milk truck.



Invitation Runs







ULIJ KELANTAN HASH HOUSE HARRIERS

No 6 "Jalan Sultan Valya Petra K. Kraii 18000, KELANTAN. Email :<u>lecyanken@gmail.com</u> :Fax No : 03-20372741 I ulu Kekantan hash house harriers (Kuala Krai)

(runs every Monday at 6 p.m.)

40th Anniversary Balik Kampung Run 2019

On On Fellow Hashers,

With great pleasure, Ulu Kelantan Hash House Harriers hereby invite All Hashers to the grand celebration of our 40th Amilwesory Balik Kampung Run 2019

Vanua : KUALA KRAI KELANTAN .

Date : 31/8/2019 (SAITURDAY)

Closing Date: 30/6/2019

Come and join us to discover for yourselves all the exciting programmes in stare busides good fellowship.

We attack hurswith our Registration Form for your action (feel free to photocopy it should you need more space to register your members). You may return the completed form to our mailing address above by post, fax or email together with your registration fees by cash, chaque, money order or by bank electronic transfers made payable to:

The Ulu Kelantun Hash House Harriers MAYRANK Account Number :003024403830

We are going to produce a Commemorative Souvenir Magazine through which we are hambly seeking your support by taking up the advertising space available

All contributions in cash and in kind, too, are gratefully welcomed. The details and rates for the advertising space will be forwarded to you in due course.

The Organizing Committee UKHHH 40th Anniversary BalikKompung Run.

Organising

Chairmen : Raymond Tee @ Sugar Ray (012-9811371)

Ong Kang Soon @ Ong Tang (019-9817722)

On Sex : Lee Yan Ken @ NikAli (014-5011118)

Grand Master : Low Guk Hwa 👺 Andy Lau (019-9816892)





Disclaimer: By taking part in a Hash House Harriets Penang run or event, you agree not to hold the organisers or any affiliated individual responsible for any injury or mishap that may happen to you.